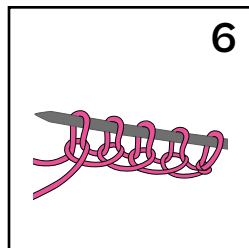
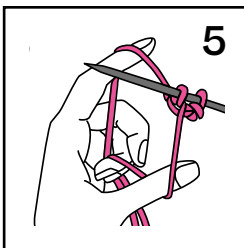
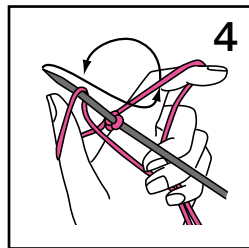
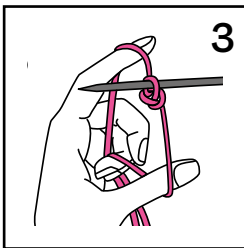
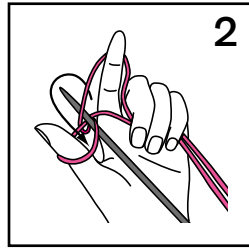
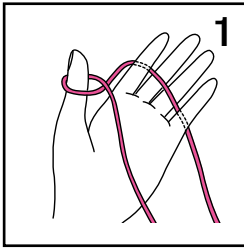


# KNITTING, CROCHET & SPOOL KNITTING LESSON



# KNITTING LESSON



## LONG TAIL CAST-ON

1. Wrap the yarn around the fingers of your left hand as shown with the yarn behind your pinkie, in front of your ring and middle finger and behind your index finger. Wrap the yarn from front to back around your left thumb and hold the yarn across your palm.

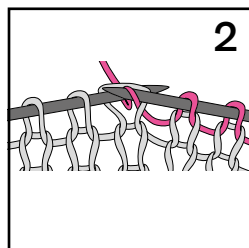
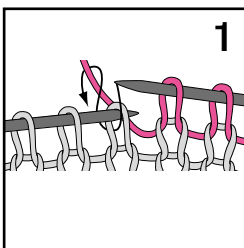
2. Insert the needle upward through the yarn on your thumb and draw the yarn on your left hand through the loop on your thumb to form a stitch.

3. Remove the yarn from your left thumb and pull the loose end to tighten the stitch.

4. Wrap the yarn from front to back around your left thumb again.

5. Repeat from illustration 2 until the required number of stitches has been cast on.

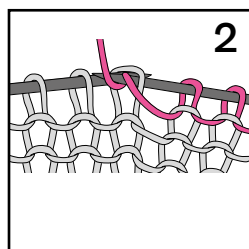
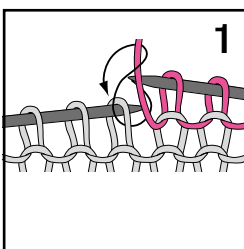
6. This illustration shows the cast on stitches.



## THE KNIT STITCH

1. With the yarn at the back of the work, insert the right needle as shown through the front of the first stitch on the left needle.

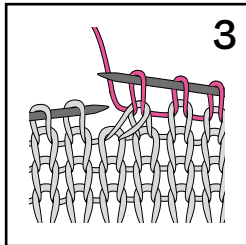
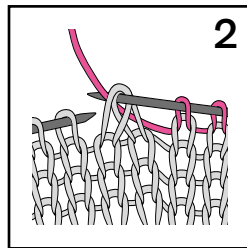
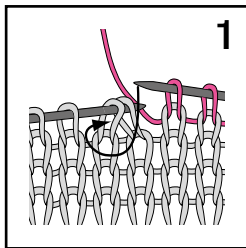
2. Wind the yarn over the point of the right needle, draw the yarn back through the stitch, forming a loop on the right needle. Slip the original stitch off the left needle.



## THE PURL STITCH

1. With the yarn at the front of the work, insert the right needle as shown through the front of the first stitch on the left needle.

2. Wind the yarn over the point of the right needle, draw the yarn back through the stitch, forming a loop on the right needle. Slip the original stitch off the left needle.

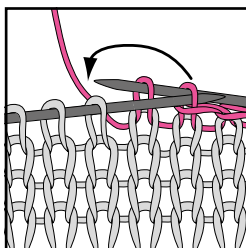


### **KNITTING TWO STITCHES TOGETHER**

1. With the yarn at the back of the work, insert the right needle as shown through the front of the first two stitches on the left needle.

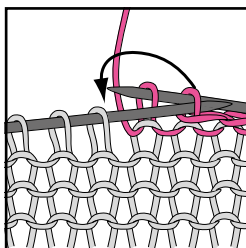
2. Wind the yarn over the point of the right needle, draw the yarn back through the two stitches, forming a loop on the right needle.

3. Slip the two stitches off the left needle. One stitch has been decreased. This is a right-slanting decrease.



### **BINDING OFF A KNIT STITCH**

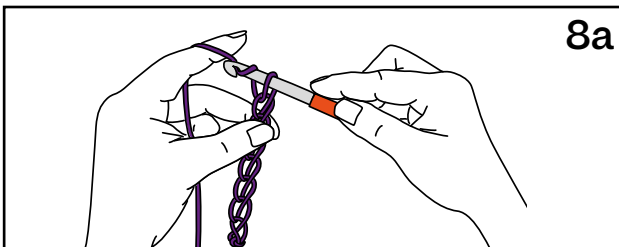
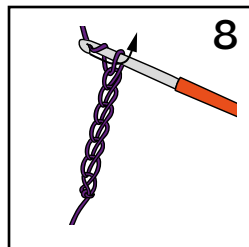
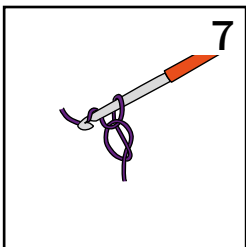
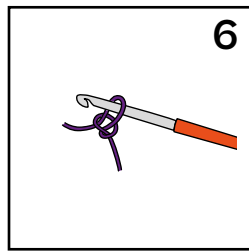
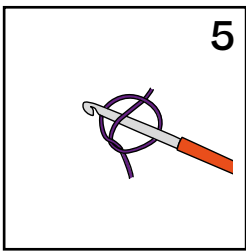
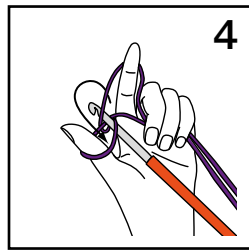
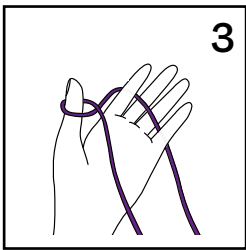
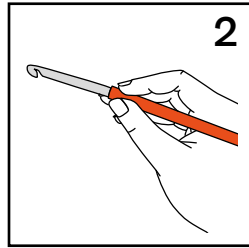
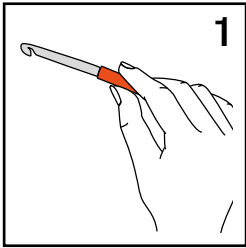
Knit two stitches. \* Insert the left needle into the first stitch on the right needle. Pull this stitch over the second stitch and off the right needle. One stitch remains on the right needle. Knit the next stitch. Repeat from \* until you have bound off the required number of stitches. Cut yarn and fasten off last stitch.



### **BINDING OFF A PURL STITCH**

Purl two stitches. \* Insert the left needle into the first stitch on the right needle. Pull this stitch over the second stitch and off the right needle. One stitch remains on the right needle. Purl the next stitch. Repeat from \* until you have bound off the required number of stitches. Cut yarn and fasten off last stitch.

# CHROCHET LESSON



## SLIP KNOT + CROCHET CHAIN

Everyone has their own personal way of holding the hook. Hold the hook like a knitting needle (1) or like a pencil (2).

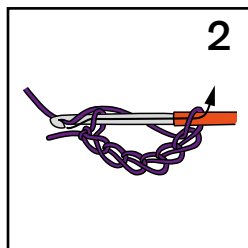
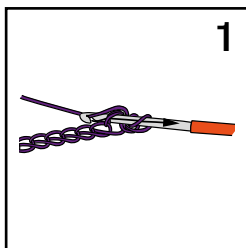
3. Wrap the yarn around the fingers of your left hand with the yarn behind your pinkie, in front of your ring and middle finger and behind your index finger. Wrap the yarn from front to back around your left thumb and hold the yarn across your palm.

4. Insert the hook upward through the yarn on your thumb.

5. & 6. Wrap the yarn over the hook, then draw the yarn through the loop on your thumb to form a loop.

7. & 8. Repeat the last 2 steps to make as many chains as specified for the pattern.

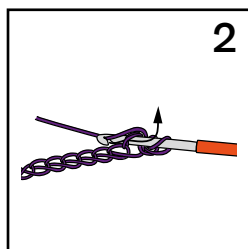
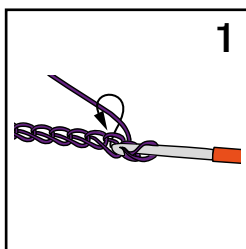
Illustration 8a shows how to hold the hook and the yarn to form the chains.



### **SLIP STITCH**

1. The slip stitch is the shortest of the basic stitches. Insert the hook into the chain as shown, wrap the yarn over the hook and draw the yarn through the chain.

2. To join into a ring for working in rounds, insert the hook into the first chain and make a slip stitch.

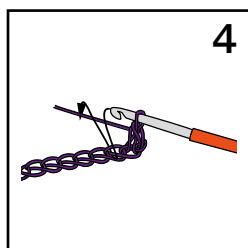
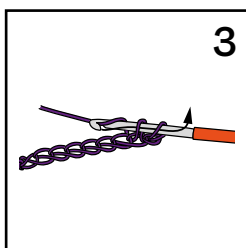


### **SINGLE CROCHET**

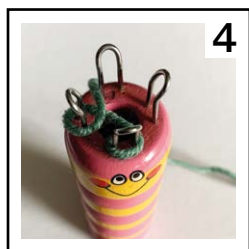
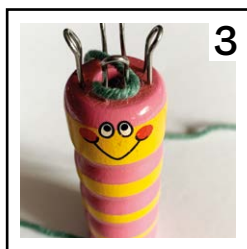
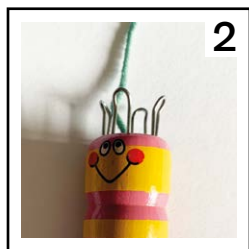
The single crochet is the next highest stitch. Insert the hook into the chain as shown.

Wrap the yarn over the hook and draw the yarn through the chain only.

Wrap the yarn again and draw it through both loops. Insert hook in next chain as shown by black arrow and repeat from illustration 12.



# SPOOL KNITTING LESSON



## THREAD THE YARN

Thread the yarn through your spool knitter from top to bottom [photo 2]. Hold yarn tail coming out from bottom with your left hand.

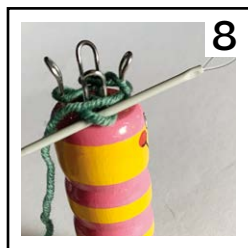
## WIND YARN

Using your right hand, wind yarn around first pin in a counterclockwise direction [photo 3].

Wrap in same fashion around remaining 3 pins [photo 4 and 5].

After all 4 pins have been wrapped this way, wrap the yarn around the outside of the first pin [photo 6].





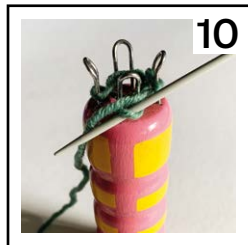
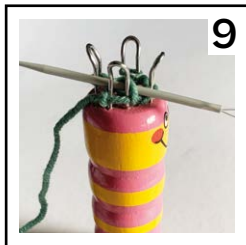
\*

### LIFT THE BOTTOM STITCH

Using a tapestry needle, lift the bottom stitch over the top of the pin and over the yarn wound around the outside of the pin [photo 7 and 8].

Pull yarn tail at the bottom.

Photo 9 shows the lifted stitch.



Wrap yarn around outside of next pin [photo 10] and repeat from \* around each pin

– 4 sts have been formed and first round has been completed. Repeat round 1 throughout [photo 11 and 12].



After having worked a few rounds, the cord starts filling the opening at the top [see photo 13].

Keep pulling the yarn tail at the bottom tight; the finished cord will slowly appear through the bottom.

Photo 14 shows again how the working yarn is wrapped around the outside of the pin and on top of bottom stitch.

Photo 15 and 16 show the cord appearing through the bottom.





17



18

### **BINDING OFF**

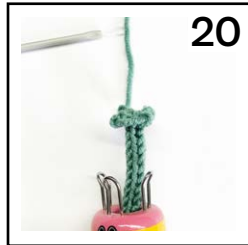
Cut the working yarn. Thread the tapestry needle with the yarn tail [photo 17].

Thread through stitch on first pin, lift off pin and thread yarn through stitch [photo 18].

Photo 19 shows first bound-off stitch and tapestry needle threaded through second stitch.



19



20

Repeat for remaining stitches [photo 20].

Pull stitches tight [photo 21]. Remove cord from spool knitter [photo 22].



21



22